

Holding

Block in the Back

Blocking below the waist

Blindside Blocks

Illegal Helmet Contact

Targeting

Defenseless Player

Flagrant Foul

Holding

- ▶ Make it BIG
- ▶ Make the defender show us the foul
- ▶ Hands outside the frame is bad
- ▶ Point of Attack is only called
- ▶ Was there an advantage gained
- ▶ No advantage = No Foul
- ▶ Replay it in your mind
- ▶ Rather have a late flag than an I regret it flag

Block in the Back

2-5-2

2-17-3

- ▶ Is a block against an opponent when the initial contact is in the opponent's back, inside the shoulders & below the helmet & above the waist
- ▶ OK when the offensive linemen who are on LOS & in FBZ at the snap; against defensive players who are in the FBZ; Contact is in the FBZ...Once ball leaves FBZ cannot continue BIB

Blocking Below the Waist 2-17-2

- ▶ Permitted in the FBZ when:
- ▶ All players involved in the blocking are on the LOS & in the FBZ
- ▶ Contact is in the FBZ
- ▶ The block is an IMMEDIATE, INITIAL action following the snap
- ▶ Only the snapper may have a slight delay

Blindside Block

- ▶ 2-3-10; A block against an opponent other than the Runner, who does not see the blocker approaching
- ▶ Can also be in conjunction with a Defenseless Player

Illegal Helmet Contact 2-20-1

- ▶ Is an act of initiating contact with the helmet against an opponent
- ▶ Butt Blocking-contact against a non-runner with front of helmet
- ▶ Face Tackling-contact against a runner with front of helmet
- ▶ Spearing- contact against an opponent at the shoulders or below with crown of helmet

Targeting

2-20-2

- ▶ Act by any player who takes aim & initiates contact against opponent above the shoulders with the helmet, forearm, hand, fist, elbow or shoulders

Defenseless Player 2-32-16

- ▶ Is a player who because of his physical position & focus of concentration, is especially vulnerable to injury. A player who initiates contact is responsible for making legal contact. When in question, a player is defenseless.

Defenseless Player Examples

- ▶ A Passer
- ▶ A receiver attempting to catch a pass who has not had time to clearly become a runner
- ▶ The intended receiver of a pass in the action during & immediately following an interception or potential interception
- ▶ A runner already in the grasp of a tackler & progress has been stopped
- ▶ A kickoff or punt returner attempting to catch or recover a kick or one who has completed a catch or recovery & has not had time to protect himself or has not clearly become a runner

Defenseless Players Examples

- ▶ A player on the ground including a runner who has obviously given himself up & is sliding feet first
- ▶ A player obviously out of the play or not in the immediate vicinity of the runner
- ▶ A player who receives a blindside block with forceful contact not initiated with open hands

Flagrant Foul

2-16-2c

- ▶ A foul so severe or extreme that it places an opponent in danger of serious injury, and/or involves violations that are extremely or persistently vulgar or abusive conduct
- ▶ Can be used in conjunction with all Illegal Personal Contact 9-4 fouls