

Kick-Offs

FCFOA 2022

Starting Positioning

- Normal Spread KO
 - Bunched KO
 - On Sides KO

Requirements of K Team

- Min of 4 players on either side of ball at time of kick
- All players inside the 5yd belt, except one, the Kicker
- If Kicker is beyond the 5yd belt, they must kick the ball

What fouls kill a Kick Immediately?

- 1)
- 2)
- 3)
- 4)
- 5)

What fouls kill a kick Immediately?

- 1) Less than 4 Team K Players on either side of ball at time of Kick
- 2) Team K Player beyond 5yd belt that does not kick the ball
- 3) Pop-up Kick
- 4) Offsides by Team K
- 5) Offsides by Team R

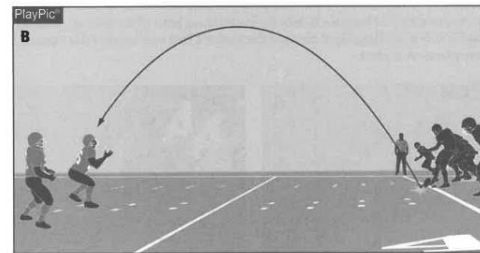
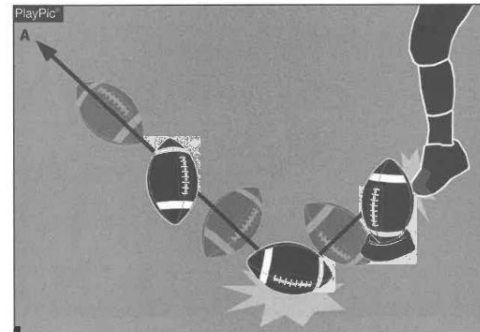
When can Team K recover a KO

- 1)
- 2)

When can Team K recover a KO

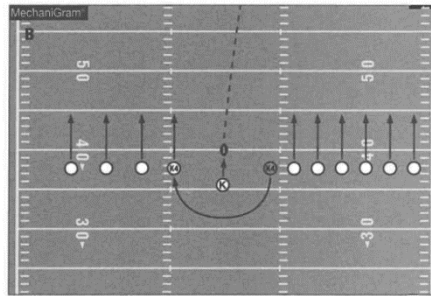
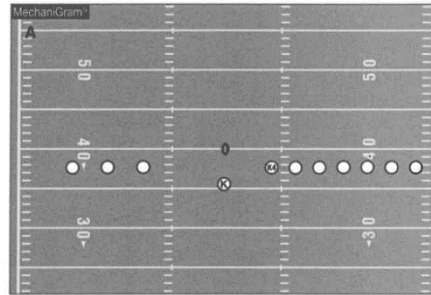
- 1) Ball has travelled 10yds & has been grounded
- 2) Prior to 10yds if grounded & Team R has touched ball
 - **Team K cannot advance a recovered Kick or Muff**
 - **Muff vs Fumble**

Kick-Offs



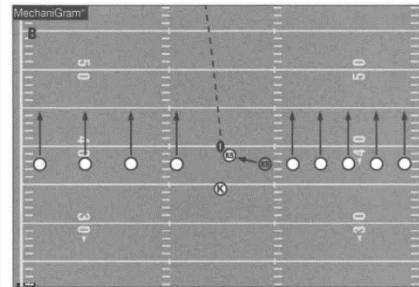
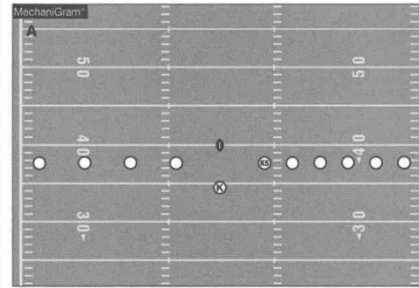
2-24-10; 6-1-11; 6-1 Penalty A pop-up kick is a free kick in which the kicker drives the ball immediately to the ground, the ball strikes the ground once and goes into the air in the manner of a ball kicked directly off the tee. Such kicks will be penalized as a dead-ball foul.

Kick-Offs



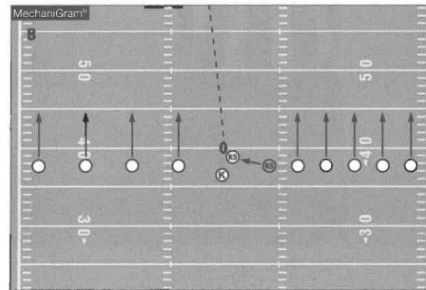
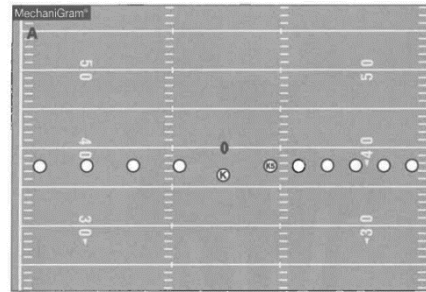
6-1-3; 6-1-4; 6-1 PENALTY In MechaniGram A, K has only three players on one side of the kicker. If K4 shifts to the other side of the kicker by going more than five yards from the free kick line after the ready-for-play (MechaniGram B), it is a dead-ball foul for free-kick infraction.

Kick-Offs



6-1-3; 6-1-4; 6-1 PENALTY The formation in MechaniGram A is legal. In MechaniGram B, K5 (who was not more than five yards behind his free-kick line) kicks the ball. That is a foul. When a player is more than five yards behind the kicking team's free-kick line, that player is the only player who may legally kick the ball.

Kick-Offs



6-1-3; 6-1-4 The formation in MechaniGram A is legal. In MechaniGram B, when K5 kicks the ball, there are still at least four players on either side of the kicker. There is no foul. K had no player more than five yards behind the kicking team's free-kick line and had four on either side of the kicker at the time of the kick.

Kicks Out of Bounds: Enforcements

- Team R must not have touched the ball inbounds
- 1)
- 2)
- 3)
- 4)

Kicks Out of Bounds: Enforcements

- **Team R must not have touched the ball Inbounds**
- 1) -5yds & Re-Kick
- 2) Team A ball 25yds beyond the KO Spot
- 3) +5yds from Out of Bounds Spot
- 4) Decline penalty & take ball at Out of Bounds Spot

Spotting the ball after a Kick

- Touchback
- Kick Out of Bounds
- Fair Catch
- On a Return

Spotting the ball after a Kick

- Touchback: Anywhere between the Hash Marks
- Kick Out of Bounds: Hash Mark closest to Sideline
- Fair Catch: Anywhere between the Hash Marks
- On a Return: Outside the Hash Marks-Closest Hash Mark
- Inside the Hash Marks-At the Dead Ball Spot

When does a Kick End

- 1)
- 2)

When does a Kick End

- 1) When a player gains possession of the ball
- 2) When the ball becomes dead while not in player possession

Positioning during a Kick

- Normal KO
- Bunched KO
- On Sides KO

Fouls during the Return

- Examples By K, Enforcement Options
- Examples By R, Enforcement Options
- Live Ball Foul vs Dead Ball Foul Options

What act would stop Play

- 1)
- 2)

What act would stop Play

- 1) Inadvertent Whistle: What are the options
- 2) Runner losing their helmet