

# 2019 STUDY GUIDE

## KEYS

Team A or Team B is designated as **A or B**

Team A or Team B's 45 yard-lines, example: **A-45 or B-45**

Player A or B's number is 40, example: **A40 or B40**

Second down and 6 yards to go for A at the B 23 yard-line, example: **A, 2/6, B-23**

The Kicking or Receiving teams are designated as **K or R**

Team K or Team R's 45 yard-lines, example: **K-45 or R-45**

Player K or R's number is 65, example: **K65 or R65**

Fourth down and 12 yards to go for K at the R 45 yard-line, for example: **K, 4/12, R-45**

**BSB** - blind side block

**NZ** - neutral zone

**BIB** - block in the back

**UC** – unsportsmanlike conduct

**KCI** - kick catch interference

**PSK** - post-scrimmage kick

**FBZ** - free blocking zone

**UC** – unsportsmanlike conduct

**LOS** - line of scrimmage

**OB** - out of bounds

**OPI / DPI** - offensive / defensive pass interference

**OB** - out of bounds

**ES** - enforcement spot

**SKF** - scrimmage kick formation

**BBW** - block or blocking below the waist

**EXC** - exception

1. A, 3/15, A-35. The A fullback gets a handoff in his backfield and runs around right end and down the sideline. When the runner is at the A-40, an A player blocks a B player in the back at the A-42 near the runner. The LJ throws his flag for the BIB foul and simultaneously blows his whistle when the runner is at the A-45. B accepts the penalty for A's foul. The ES and down are (4-2-3; 10-6)
  - a. A-35, 3<sup>rd</sup> down
  - b. A-35, 4<sup>th</sup> down
  - c. A-42, 3<sup>rd</sup> down
  - d. A-42, 4<sup>th</sup> down
  - e. A-45, 3<sup>rd</sup> down
  - f. A-45, 4<sup>th</sup> down
2. A, 3/5, A-30. A is in a shotgun formation, and the snap sails over the quarterback's head. While the quarterback is attempting to recover the ball, an A player blocks a B player below the waist at the A-28. The quarterback recovers the ball and attempts to run around the right end, but he runs out of bounds at the A-15. B accepts the foul, and the ES is the (10-3-1c; 10-4-2b; 10-6)
  - a. A-30
  - b. A-28
  - c. A-15
3. A, 3/5, A-30. A is in a shotgun formation, and the snap sails over the quarterback's head. The quarterback recovers the ball and attempts to run around the right end, but he runs out of bounds at the A-15. After the quarterback recovered the ball, an A player blocks a B player below the waist at the A-28. B accepts the foul, and the ES is the (10-3-2; 10-4-4)
  - a. A-30
  - b. A-28
  - c. A-15
4. A, 3/5, A-30. A is in a shotgun formation, and the snap sails over the quarterback's head. While the quarterback is attempting to recover the ball, a B player pulls and twists an A player's facemask at the A-28. The quarterback recovers the ball and attempts to run around the right end, but he runs out of bounds at the A-15. A accepts the penalty and the ES is the (10-3-1c; 10-4-2b)
  - a. A-30
  - b. A-28
  - c. A-15

5. A, 3/5, A-30. A is in a shotgun formation, and the snap sails over the quarterback's head. The quarterback recovers the ball and attempts to run around the right end, but he runs out of bounds at the A-15. After the quarterback recovers the ball, a B player pulls and twists an A player's facemask at the A-28. A accepts the foul, and the ES is the (10-3-2; 10-4-4)
  - a. A-30
  - b. A-28
  - c. A-15
  
6. B32 intercepts a pass at the B-4, and his momentum carries him into his own end zone. As B32 is about to be tackled in the end zone, he shovel-passes the ball to B26 at the B-6, and B26 is tackled at the B-10. The ES or result of the play is (8-5-2a, Exc; 8-5-2c; 10-6)
  - a. B-2
  - b. B-3
  - c. B-4
  - d. B-5
  - e. Touchback
  - f. Safety
  
7. K, 4/5, K-5. K's punt is caught at the K-40 and run back to the K-30. K had 5 players in the backfield at the snap. During the runback, an R player illegally holds a K player at the K-35. (10-2-1c; 10-2-2)
  - a. If R accepts the penalty for K's foul, it's a double foul; replay the down
  - b. R can retain possession if R declines the penalty for K's foul. ES for R's penalty is the K-40
  - c. R can retain possession if R declines the penalty for K's foul. ES for R's penalty is the K-35
  - d. a and b
  - e. a and c
  
8. A, 2/13, A-22. A89 catches a legal forward pass and runs down the sideline. B84 pushes A89 across the sideline and into the team B bench restricted area. A89 throws the ball at B84, and the ball strikes B84 in the chest. (9-1-5a; 9-4; 9-2-3d; 2-11)
  - a. Quickly retrieve A89 from the team B bench area and warn A89 about his action
  - b. Personal foul by A89
  - c. Unsportsmanlike Conduct by A89
  
9. Scrimmage play. Slotback A-86 lines up close to the line of scrimmage, facing his opponent's goal. When the ball is snapped, A-86 has neither his head nor foot breaking the plane of an imaginary line parallel to the LOS through the snapper's waist, but A-86's head does break the plane of an imaginary line parallel to the LOS through the waist of the nearest teammate who is legally on the LOS. On their LOS, Team A has five players, numbered 50-79. Team A has four players in their backfield. (2-14-1; 2-25-2; 2-32-9; 2-32-3; 7-2-3, 7-2-5a)
  - a. Legal formation
  - b. Dead ball illegal procedure foul
  - c. Live ball illegal procedure foul
  - d. Dead ball illegal formation foul
  - e. Live ball illegal formation foul
  
10. It is a foul to intentionally use the lower leg or foot to obstruct or tackle a runner below the knee. (2-45; 9-4-3o)
  - a. True
  - b. False

11. K, 4/5, K-5. K's punt is caught at the K-40 and run back. K had 5 players in the backfield at the snap. During the runback, an R player blocks a K player in the back at the K-35. R fumbles at the K-33, and K recovers the fumble at the K-30. (10-2-1b)
- Double foul, replay the down
  - K can retain possession if R declines enforcement of R's foul. ES for K's foul is the K-40
  - K can retain possession if R declines enforcement of K's foul. ES for R's foul is the K-35
  - K can retain possession if R declines enforcement of K's foul. ES for R's foul is the K-30
12. K, 4/5, K-10. K's punt is caught at the K-40 and run back to the K-30. K had 5 players in the backfield at the snap. During the kick, an R player blocks a K player in the back at the K-35. (10-2-3)
- Double foul, replay the down
  - R can retain possession if R declines enforcement of K's foul. ES for R's foul is the K-40
  - R can retain possession if R declines enforcement of K's foul. ES for R's foul is the K-35
  - R can retain possession if R declines enforcement of K's foul. ES for R's foul is the K-30
13. To protect his elbow, a player is wearing a metal and plastic brace. The brace extends from his upper arm, over the elbow and onto his forearm. The brace is unaltered from the manufacturer's original design/production. The brace does not need to be padded. (1-5-3b1)
- True
  - False
14. A, 4/8, A-8. A Team A player runs to the A-42. As he is being tackled, he passes the ball forward and underhand to a teammate, who runs to the 50-yard line and is tackled there. After enforcement of the penalty, it will be (7-5-2b; 7-5-3; 5-1-2b; 5-1-3a; 5.2.2B)
- B, 1/10, A-4
  - B, 1/10, A-37
  - B, 1/10, A-45
  - A, 1/10, A-37
  - A, 1/10, A-45
15. A, 4/35, A-12. Team A is properly lined up for a punt. A's bad snap goes into A's end zone, where the punter bats the ball backward over the end line. Time for the first quarter expires during the play. Safety by result and by penalty. (3-3-4b5; 8-5-1a; 8-5-2b; 8-5-2c; 9-7-2)
- The safety causes the quarter to be extended, and A will kick off from its old A-20
  - The safety does not cause the quarter to be extended. The teams switch sides, and A will kick off from its new A-20
  - If B accepts A's penalty for the batting foul, the penalty against A is imposed on the free kick.
  - a and c
  - b and c
16. A, Try, B-3. A6's kick is good for a 1 point. This ties the game at 24 with no time left on the clock. B63 is called for roughing the kicker. (10-5-1d, 8-3-5)
- Penalty is automatically declined
  - A, Try, B-1&1/2
  - Penalize B to start the overtime period
  - b or c
17. A, 1/goal, B-5. Eligible receiver A83 is running a pass route in the end zone. After A83 has gone past B90, B90 pushes A83 to the ground. As A83 goes to the ground, A12 throws a legal forward pass from the A-14 into the area A83 was running to. At the LOS, B-55 tips the pass, and it falls incomplete in the end zone. (7-5-9c; 9-2-3d)
- Defensive pass interference by B90
  - No DPI, as the ball was tipped by B55, ending pass interference restrictions on B players
  - Illegal use of hands by B90

18. The penalty for illegal kicking or batting of the ball is 15 yards. (9-7 Pen)
- True
  - False
19. Kickoff, K-40. After a legal pooch-style kickoff, the ball is beyond the sideline at the R-49. No R player is in a position to catch the ball. A K player jumps from the field of play, catches the kick beyond the sideline and lands out of bounds at the R-47. (6-5-6; 6-5 Pen; 6-1-7; 6-1-9)
- Free kick out of bounds; R, 1/10, R-47
  - Free kick out of bounds; R, 1/10, R-49
  - Kick-catch interference by K with the three choices of KCI
  - First touching; R, 1/10, R-49
20. A, 3/3, A-14. From the A-7, A12 makes a legal forward pass which is caught by A89 at the A-16, where he is immediately tackled. As A12 was throwing the ball, a B player grabbed and released A12's facemask. (9-4-4; 9-4-3; 2-32-11)
- Roughing the passer; A, 1/10, A-31
  - Roughing the passer; A, 1/10, A-29
  - Five-yard facemask; A, 1/10, A-21
  - Five-yard facemask; A, 1/10, A-19
21. A, 4/30, B-40. The QB is back to pass. Immediately after he has passed the ball, he has his face mask grasped and twisted by a defensive player. The pass is completed to an eligible receiver who is immediately downed at the B-35. (2-32-11; 9-4-4; 9-4 Pen; 10-5-1g)
- Roughing the passer; A, 1/10, B-25
  - Roughing the passer; A, 1/10, B-20
  - Personal foul facemask; A, 4/15, B-25
  - Roughing the passer; A, 4/15, B-25
  - Roughing the passer; A, 4/10, B-20
22. A backward pass to A64 in A's backfield is (7-4-2; 7-5-6a)
- An illegal pass
  - Illegal touching
  - Legal
23. Kickoff. The kicked ball is rolling on the ground and going to die inbounds. An R player, who had inadvertently stepped out of bounds and remained there, reaches in and touches the ball. (6-1-9; 6-1-9 Pen; 6.1.9C)
- It doesn't matter whether the ball is over the field of play, K has caused the kick to go out of bounds
  - R can request a re-kick after enforcement of a 5-yard penalty from the previous spot
  - R can accept a 5-yard penalty from the succeeding spot
  - R can put the ball in play at the inbounds spot 25 yards beyond the previous spot
  - R can decline the penalty and put the ball in play at the inbounds spot
  - All of the above
24. K, 4/3, K-30. K's low legal scrimmage kick strikes a K player in the back at the LOS and rebounds into K's backfield. A K player recovers the kick at the K-27 and advances to the K-35. (6-2-3; 6-2-5)
- K, 1/10, K-27
  - R, 1/10, K-27
  - K, 1/10, K-35

25. K, 4/3, K-30. K's legal scrimmage kick is touched by an R player at the K-35 and rebounds into K's backfield. A K player recovers the kick at the K-27 and advances to the K-32. (6-2-3; 5-1-3f)
- R, 1/10, K-32
  - R, 1/10, K-27
  - K, 1/10, K-32
26. K, 4/7, K-20. K's legal scrimmage kick is touched by an R player at the K-30 and rebounds into K's backfield. A Team K player kicks the ball as it is rolling on the ground at the K-14. The ball goes out of bounds at the K-35. (9-7-1; 6-2-7)
- R, 1/10, K-35
  - K, 4/20, K-7
  - K, 1/10, K-35
  - a or b
27. A, 3/6, A-30. An A player fumbles behind the line of scrimmage. While the ball is rolling on the ground at the A-20, a B player kicks the ball toward A's goal. An A player recovers the ball at the A-6. If B's penalty is accepted, the ES is (9-7-1; 10-3-1c; 10-4-2b)
- A-30
  - A-20
  - A-6
28. Runner A12 is running down the sideline. B83 grabs the name plate area of A12's jersey, directly below the back collar, but B83 does not grab the inside of A12's jersey. Both players continue out of bounds, where B83, still holding the name plate area of A12's jersey, pulls him down sideways in the team box area. (9-4-3k; 9.4.3P; 9.4.3R)
- Foul occurred out of bounds; no foul unless flagrant
  - Dead ball horse-collar foul
  - Live ball horse-collar foul
29. A, 3/4, A-20. In a shotgun formation, the snap goes over the quarterback's head. While the ball is loose behind the line of scrimmage, A56 blocks B74 in the back at the A-8. A23 recovers the ball and runs to the A-22, where he is tackled. If B accepts the penalty, the ES is (9-4-2b; 9-6)
- A-22
  - A-8
  - A-20
30. A, 3/4, A-20. In a shotgun formation, the snap goes over the quarterback's head. A23 recovers the ball at the A-8 and runs to the A-22, where he is tackled. During the run, A56 blocks B74 in the back at the A-18. If B accepts the penalty, the ES is (9-4-4; 9-6)
- A-22
  - A-18
  - A-20
31. The basic spot may, at the option of the offended team, be the succeeding spot for fouls by K during a free kick down (other than KCI) when K will not be the next to put the ball in play. (10-4-2 Exc)
- True
  - False

32. B12 enters the field to substitute for B15. B15 attempts to leave the field but hasn't gotten across his sideline when A starts the play, and the flank throws a flag. The play results in a TD for A. After the flank reports the foul to the referee, the referee immediately signals the penalty is declined and then signals a TD. A should have been given the opportunity to accept or decline the penalty. (8-2-2)
- True
  - False
33. The use of a 40-second play clock is an optional mechanic for 2019. (3-6-1; 2-35-1a; 3-6-2a; 7-2-1)
- True
  - False
34. During a legal punt, a kicker commits kick catch interference which causes the potential receiver to muff the kick. A receiver recovers the kick and time for the first quarter expires during the down. (3-3-3, 6-5-6 Pen, 3.3.3G)
- The period will be extended for an untimed down under any circumstance
  - The period will be extended for an untimed down only if team R chooses to have a yardage penalty enforced or chooses an awarded fair catch at the spot of the kicker's interference
  - The period cannot be extended for an untimed down under any circumstance
35. At the ready on a kickoff, the kicking team has 5 players on either side of the kicker. After the ready, all players shift to the kicker's left and an onside kick is attempted. (6-1-4)
- Free kick infraction
  - Encroachment
  - Live ball foul
  - Dead ball foul
  - a and c
  - a and d
36. Team A is out of timeouts and is attempting to kick a 45-yard field goal as the half is expiring. With the clock running and less than 2 minutes remaining in the half, the referee holds the ready to allow the line judge to get to the goalpost. The ball is snapped before the ready. (3-6-2d, 3-4-6, 3-4-7)
- A 15-yard penalty for unsportsmanlike conduct
  - A 5-yard penalty for delay
  - No foul because the officials held up the game
  - The defense has the option to start the clock on the snap
  - b and d
37. It is legal for a player to execute a BSB outside the FBZ with forceful contact if initiated with open hands or initiate a screening-style block which is not forceful. (2-3-10, 9-4-3n, 9-4 Pen)
- True
  - False
38. A, 4/15, A-10. The score is A 27, B 26, with 24 seconds remaining in the fourth quarter; the clock is running. The back judge raises his hand. An offensive lineman false-starts with 20 seconds remaining in the quarter. After the penalty is imposed, the referee marks the ball ready for play and starts the clock. Time in the fourth quarter runs out before the offense puts the ball in play. (3-4-7)
- The game is over
  - The R should have asked the B coach if he wanted the game clock to start on the snap. If the B coach so chooses, it is A, 4/20, A-5, 20 seconds remaining; the game clock starts on the snap

39. During an attempted pass play, the QB is tackled behind the line of scrimmage. During the play, an eligible receiver is held beyond the line of scrimmage by a defensive player. The ES is the (10-3-2; 10-4-4)
- Dead ball spot
  - Previous spot
  - Spot of the foul
40. A “pop-up” free kick is illegal and enforced as a live ball foul. (2-24-10, 6-1-11, 6-1-3, 6-1 Pen)
- True
  - False
41. On 3<sup>rd</sup> down, the QB drops back to attempt a pass. As his arm is moving forward, he is hit; and the ball pops backward into the air. A defensive player tries to catch the ball and muffs it; A56 catches the ball behind the line of scrimmage and is tackled immediately. (2-31-2 Note, 7-5-6b, 7-5- 13)
- 5-yd penalty for illegal touching by A, ES previous spot
  - 5-yd penalty for illegal touching by A, ES spot foul
  - 4<sup>th</sup> down for A at the previous spot
  - 4<sup>th</sup> down for A where A56 was tackled
42. During the Pregame Conference with the Referee and Umpire, the home head coach verified all his players are legally equipped. During a down, a home team player wears an illegal jersey which ends just below the numbers, exposing his midriff above his pants. (1-5-1b (1); 1.5.1C; 1-5-4; 1-5-6; 3-6-2d; 9-8-1h; 9.8.1H-J; 9-9)
- Foul on the home head coach for unsportsmanlike conduct for failing to have his player wear or use required equipment
  - Foul on the player for failing to properly wear required equipment during a down
  - An official’s timeout is taken, and the player must be replaced for at least one down unless halftime or an overtime intermission occurs
  - b and c
  - a and c
43. On a run, a linebacker dives to tackle the runner. The runner jumps feet-first over the airborne linebacker and continues running downfield. The runner has committed a hurdling foul. (2-22)
- True
  - False
44. As time for the first period expires, an offensive player holds in his end zone. The defense accepts the penalty and scores a safety. The period is extended by an untimed down, and the offensive team kicks off from its 10-yard line as part of the first quarter. (3-3-4b, 8-5-2c)
- True
  - False
45. A, 2/5, A-35. An eligible receiver goes out of bounds at the A-45 to avoid contacting an official. He immediately returns inbounds at the A-48 and catches a legal forward pass at the B-45, where he is downed. (9-6-1, Penalty; 9.6.1A)
- Legal play
  - Illegal participation; 15 yds; ES A-35
  - Illegal participation; 5 yds; ES A-35
  - Illegal participation; 5 yds; ES A-45
  - Illegal participation; 15 yds; ES A-48

46. Time for the first half expires as the runner advances to the B-33, where he is tackled. After the runner gets up but before the Referee holds the ball in one hand over his head, a defensive player punches the runner. The offensive team accepts the penalty. (3-3-6; 9-4-3j Penalty)
- A, 1/10, B-18; the period is extended for one untimed down; B45 is disqualified
  - A, 1/10, B-18; the period is extended for one untimed down
  - The period is over; enforce the penalty on the second-half kickoff; B45 is disqualified
  - The period is over; enforce the penalty on the second-half kickoff
  - The period is over; the penalty cannot be enforced
47. The following is true regarding authorized team conferences: (2-6-2; 9-8-1f; 9.8.1A)
- In an "Outside 9-Yard Mark Conference," one or more team members and one or more coaches may confer directly in front of the team box within 9 yards of the sideline
  - In a "Between 9-Yard Mark Conference," one coach may be on the field to confer with no more than 11 players at his team's huddle between the hash marks
  - An "Outside 9-Yard Mark Conference," may be held at the 15-yard line
  - All of the above
  - a and b only
48. A Team B player intercepts a pass and runs it in for a TD. At the A-5, he turns back to an opponent who is pursuing the runner. The runner holds the ball out toward the opponent. Still holding ball out to the opponent, the runner crosses the goal line. (9-5-1a; 8-2-4)
- Live-ball unsportsmanlike conduct foul. Nullify the score and penalize B from the A-5
  - Live ball unsportsmanlike conduct foul. Touchdown for B. Enforce the foul on the try
  - Live ball unsportsmanlike conduct foul. Touchdown for B. Enforce the foul on the kickoff
  - Dead ball unsportsmanlike conduct foul
  - Either b or c
49. Fourth down. The punter is in position 7 yards behind the line of scrimmage, in position to receive the long snap. On the line of scrimmage are three K players numbered 50-79 and four K players numbered 80-99. Legal formation. (7-2-5b, Exception 1; 2-14-2b)
- True
  - False
50. Between downs, an official sees an A player is not wearing hip pads. (1-5-1d (1); 9-9; 9-8-1h)
- The official calls an official's timeout, and the offending player is required to leave the game for at least one down
  - 15-yard unsportsmanlike foul charged to the A head coach if during the pre-game conference, the head coach has verified all his players are legally equipped. The player must leave the field until he is legally equipped
  - 5-yard non-contact foul charged to the player
51. A, 3/10, A-30. The runner is tackled at the A-36. During the tackle, he fumbles. While the ball is loose, an official blows his whistle. The ball is subsequently recovered by an offensive player at the A-43. The succeeding spot will be (4-2-3b)
- A-30
  - A-36
  - A-43
  - a or b
  - a or c

52. From behind the line of scrimmage, the QB throws a forward pass which is caught by A57 beyond the line of scrimmage. An eligible receiver is in the vicinity of A57. This is one of the five types of illegal forward passes. (7-5-2; 7-5-13)
- True
  - False
53. An offensive lineman contacts a defensive player at the line of scrimmage and drives him back 4 yards beyond the line of scrimmage, when the QB throws a legal forward pass to an eligible receiver beyond the line of scrimmage. No foul for ineligible A player downfield or for offensive pass interference because the offensive lineman had continuous contact. (7-5-12; 7-5-10)
- True
  - False
54. During a legal scrimmage kick, a K player commits a blind side block on R67 beyond the expanded neutral zone. R81 makes a valid fair catch. To retain the ball, R must decline K's foul. (10-4-2 Exc)
- True
  - False
55. A legal scrimmage kick is muffed by R-12, and the ball rolls away. As R-12 is attempting to recover the kick, K-9 pushes R-12 on his upper back in an attempt by K-9 to recover the kick. (2-3-4a; 9-2-1; 9-4; 9-2-3b; 9-3-5b)
- BIB foul by K-9
  - Legal play
56. The QB's forward pass is intercepted by a B player and run back for a touchdown. During the runback, an A player uses his shoulder to blindside a B player. (8-2-3; 9-4-3b; 9-4, Pen)
- To accept the result of the play, B must decline the penalty
  - Team B can accept the result of the play and have the penalty enforced on the try or the subsequent kickoff
  - The offensive blocker who fouled shall be disqualified if the foul is deemed to be flagrant
  - a and c
  - b and c
57. The QB comes to the line and goes under center. The umpire notices the QB's chin strap is not attached properly. (3-5-10e; 3-5-2b; 3-5-5b; 3-5-7e; 3-5-10d)
- An official's timeout will be declared and the QB will be replaced for one down
  - The umpire blows his whistle, stops the clock if running and instructs the QB to attach his chin strap properly
  - If the chin strap is defective and cannot be repaired without delaying the ready-for-play signal for more than 25 seconds, the QB must leave the game for at least one down, unless halftime or an overtime intermission occurs
58. In a shotgun, an offensive lineman is in a 3-point stance. Immediately after the snap, without rising, the lineman blocks a defensive lineman below the waist between his body's frame. (2.17.2E)
- Illegal block because the ball has left the free-blocking zone, and the zone has disintegrated
  - Legal block

59. Kick try. The line is balanced and has 6 linemen numbered 50-79. The holder receives the snap from K1. The holder rises and passes from behind the LOS complete to K1 in the end zone. (7-5-6a; 7-5-13)
- Legal play, as K1 was in the game under the numbering exception
  - Foul for illegal touching; the try is not replayed
  - Foul for pass interference; the try is not replayed
  - Foul for illegal formation; the try is not replayed
  - b and c
60. K, 4/12, K-20. With 8 seconds left in the first quarter and the clock running, Team K is facing a strong wind and commits a false start foul. The Referee deems Team K tried to consume time by fouling so the period would end before Team K had to kick into the wind. After administering the penalty, the Referee orders the game clock to start on the (3-4-6)
- ready for play
  - snap
61. A, 1/10, B-20. Runner A7 is at the B-10 when B67 grasps A7's facemask and pulls his helmet completely off. A7 continues to run into the end zone. (4-2-2k; 9-6-4g; 9-4-3h; 3-5-10d)
- TD for A; the penalty for a facemask personal foul may be assessed on the try or the kickoff
  - A, 1/goal, B-5
  - A7 must be replaced for one down unless halftime or an overtime intermission occurs
62. A, 1/5, B-30. As B67 is attempting to tackle the runner at the B-25, B67's helmet comes completely off not due to a foul. The runner fumbles the ball at the B-26 and the ball rolls away to the B-20, where B67 recovers it. (4-2-2k; 9-6-4g; 9.6.4H; 3-5-10d)
- B, 1/10, B-20
  - A, 1/10, B-13
  - A, 1/10, B-10
  - B67 must be replaced for one down unless halftime or an overtime intermission occurs
  - a and d
  - b and d
63. The ball is dead and the down has ended: (4-2-2; 2-29)
- When an illegal forward pass is incomplete or is simultaneously caught by opposing players
  - When any loose ball is simultaneously caught or recovered by opposing players
  - If a runner or the ball in player possession touches anything, other than another player or game official that is on or outside a sideline or end line
  - If a loose ball touches anything, including a player or game official that is out of bounds
  - If a place-kick holder muffs the snap or fumbles and recovers after his knees have been off the ground, and he then touches the ground with other than hand or foot while in possession of the
  - All the above
64. A, 1/10, A-9. At the A-5, the QB throws a backward pass toward a teammate. A Team B player bats the pass, which goes over the end line and lands out of bounds. (8-5-2b; 9-7-2; 9-7-3)
- Touchback
  - Safety
65. K, 4/6, R-40. K makes a legal scrimmage kick which is caught by an R player at the R-6 and run back to the R-36. During the kick, an R player held a K player at the R-20.
- K, 1/10, R-30
  - K, 1/10, R-10
  - R, 1/10, R-3
  - R, 1/10, R-10
  - R, 1/10, R-26

66. K, 4/6, R-40. K makes a legal scrimmage kick which is caught by an R player at the R-6 and run back to the R-36. During the run, an R player held a K player at the R-20.
- K, 1/10, R-30
  - K, 1/10, R-10
  - R, 1/10, R-3
  - R, 1/10, R-10
  - R, 1/10, R-26
67. A, 3/4, B-34. A Team A runner is tackled just beyond the line to gain in Team A's side zone. The Referee signals a first down; the chains are moved and the Referee signals ready-for-play. The Team A head coach thinks an official missed a foul, then verbally abuses his flank official and is charged with a UC foul. The penalty is enforced, and it is (5-3-1; 5-1-2e; 5-1-2a)
- A, 1/10, B-45
  - A, 1/25, B-45
68. Kickoff, K-40. At the K-33, the kicker starts his approach to the ball and then kicks the ball. (6-1-3b)
- Dead ball free kick foul
  - Live ball free kick foul
  - Dead ball illegal procedure foul
  - Live ball illegal procedure foul
  - Encroachment
  - Legal play
69. Runner A12 is running down the sideline. B83 grabs the inside of A12's jersey from the side. Both players continue out of bounds, where B83, still holding the inside of A12's jersey, pulls him down from the side in the team box area. (9-4-3k; 9.4.3P; 9.4.3R)
- Foul occurred out of bounds; no foul unless flagrant
  - Dead ball horse-collar foul
  - Live ball horse-collar foul
70. A, 2/8, A-30. At the A-20, QB A-6 throws a screen pass to A12. At the A-28, A12 muffs the ball, and the pass travels to the A-35, where A65 catches it and is downed immediately. (7-5-12; 7-5-13)
- Legal play
  - Ineligible offensive player down field
  - Illegal touching
  - Offensive pass interference
  - b and c
  - b and d
71. A6 is running up the middle when B79 grabs the inside of A6's shoulder pad from behind. A6 does not go down from the grabbing of the jersey, but he continues downfield for 5 more yards, where B54 tackles A6 to the ground while he is still in B79's grasp. (9-4-3k; 9.4.3N)
- Horse-collar foul by B79
  - Legal play
72. Scrimmage kick formation. A Team R player rushes the kicker and makes only slight contact with the kicker, causing the kicker to spin around. (9-4-5c; 9.4.5F)
- Roughing the kicker foul
  - Running into the kicker foul
  - Legal play

73. A Team A receiver inadvertently steps on the sideline, returns inbounds and catches a forward pass. (9-6-1)
- Illegal participation foul
  - Live ball foul; basic spot
  - Spot of the foul is where the receiver returned
  - Spot of the foul is where the receiver caught the pass
  - a, b and c
  - a, b and d
74. While a fight is taking place in the middle of the field, 2 substitutes of Team A and 3 substitutes of Team B leave their respective team box and then proceed to the top of their respective 9-yard marks. None of the 5 substitutes participates in the fight. (9-8-1I; 9.8.1J)
- Each of the 5 substitutes has committed a UC foul
  - Irrespective of other penalties for fighting, the penalties of the 2 Team substitutes are cancelled by the penalties of 2 of the Team B substitutes.
  - The penalty of the third Team B substitute is assessed in conjunction with any penalties for fighting.
  - All 5 substitutes are disqualified
  - All the above
75. A, 3/3, B-25. QB A7 is roughed after throwing a legal forward pass complete to A89 at the B-3. From the B-3, A89 then fumbles the ball into the end zone, where it is recovered by a Team B player. The ES is (9-4-4 Pen, 10-4-5d)
- B-20
  - B-3
  - Goal line
  - B-25

#### **MECHANICS FOR CREWS OF ANY SIZE**

76. Regardless of the number of officials, prior to the start of the game, the head coach shall be responsible for verifying to the Referee, in the presence of another official, all the players on the team are legally equipped and in compliance with the rules.
- True
  - False
77. Regardless of the number of officials, after the Umpire spots the ball for a scrimmage down, then remains over the ball until the Referee gives the ready for play signal or is released by the Referee.
- True
  - False

#### **4-PERSON**

78. In 4-person mechanics, the Referee checks the 40/25-second count and provides a visible count the last 5 seconds of the 40/25-second play clock
- True
  - False
79. When the flanks read pass, they are to:
- remain on the line of scrimmage until the pass crosses the neutral zone
  - moves downfield 7-10 yards, approximately halfway between that zone and the deepest receiver on their respective sides.

80. When enforcing penalties, the Umpire marches off the penalty; the Head Linesman proceeds to the succeeding spot; the Line Judge holds the enforcement spot; and all officials determine if the Umpire assesses the penalty properly in all respects.
- a. True
  - b. False

## 5-PERSON

81. When the offense in a trip's formation, the Back Judge's keys are:
- a. All 3 receivers
  - b. The 2 widest receivers
  - c. The 2 inside receivers
82. The flank official that the motion man starts away from will have primary responsibility for the player until the snap. The opposite flank should assist if an obvious foul occurs.
- a. True
  - b. False
83. A sweep's toward a flank official's sideline, the flank should:
- a. Step back towards the offensive backfield, allow the player to pass him and then follow the play down the sideline.
  - b. Hold the line of scrimmage, allow the play to pass him and then follow the play down the sideline.
  - c. Release at the snap and go 5 yards downfield, allow the play to pass him and then follow the play down the sideline
84. On a kickoff: The Back Judge is responsible for determining whether K has at least 4 players on each side of the kicker when the ball is kicked.
- a. True
  - b. False
85. The Line Judge is responsible for all timing situations, including 40/25-second count, time-outs,. quarter changes and the time between a score and the succeeding kickoff
- a. True
  - b. False
86. On a kickoff: The Referee is positioned on R's goal line on the Head Linesman's sideline just outside the hash marks.
- a. True
  - b. False
87. During a time out, each flank official moves to a position halfway between the ball and his respective sideline and observes his team on the sideline.
- a. True
  - b. False
88. On a scrimmage kick, the Head Linesman releases from the line of scrimmage after the ball has crossed the neutral zone and then moves slowly downfield covering his side between the neutral zone and the deep receivers.
- a. True
  - b. False

89. As the 40\25-second count is winding down, the Back Judge should:
- Raise his arm with 10 seconds left
  - Raise his arm with 5 seconds left
  - Raise his arm with 5 seconds left then motion the remaining time with a parallel motion
90. When administering penalties, the Line Judge holds the enforcement spot until the Umpire has correctly stepped off the penalty yardage.
- True
  - False
91. On a field-goal attempt from any distance, the flank official who is looking at the back of the holder has responsibility for the entire line of scrimmage, and the other flank official is with the Back Judge to rule on the success of the kick.
- True
  - False
92. On a scrimmage kick, after the ball is spotted, the Back Judge is positioned 10-12 yards wider than and 2-3 yards in front of the deepest receiver on the Head Linesman's side of the field.
- True
  - False

## **7-PERSON**

93. When measuring for a first down, it is permitted to use the same mechanics and officials as for 5-person measurements, with the Side Judge and Field Judge remaining in their respective side zones observing their teams.
- True
  - False
94. The Head Linesman has responsibility to notify the visiting coach 5 minutes prior to kickoff and bring the visiting team onto the field, and the Line Judge has a similar responsibility for the home team.
- True
  - False
95. For field goal and try attempts, at the snap the Line Judge and Field Judge are just behind the upright of the goal on their respective sides of the field.
- True
  - False
96. The Back Judge handles all timing duties as in 5-person mechanics.
- True
  - False
97. At the snap the Side Judge and Field Judge are on their respective sides of the field 20-22 yards beyond the line of scrimmage. On running plays, the deep flanks maintain a 10 to 15-yard cushion and have progress inside the 2-yard line.
- True
  - False

## PHILOSOPHY

98. The kicker's restraining line for onside or pooch kickoffs should be officiated as a plane, and any player, other than the kickers or holder, breaking the plane before the ball is kicked should be called for encroachment.
- a. True
  - b. False
99. While in a shot gun formation, an offensive lineman may legally block below the waist if the offensive player who is lined up in the free-blocking zone is in a 2-point stance.
- a. True
  - b. False
100. The basic position for a Referee for a play from scrimmage is 12 to 14 yards deep and 12 to 14 yards wide and on the throwing arm side of the quarterback.
- a. True
  - b. False