

Name: _____

Instructors: _____

2018 FCFOA MECHANICS REVIEW

1. The BJ and LJ are in charge of getting team captains to field at least 30 seconds prior to scheduled coin flip.
 - A. True
 - B. False

2. The umpire is the final decision maker on the legality of equipment.
 - A. True
 - B. False

3. If we send a player to sideline because of an equipment issue we should:
 - A. Let clock run and hold the ready signal until substitute comes in
 - B. Stop the clock until substitute comes in and then wind it if it was previously running

4. In FCFOA mechanics if there is a backward pass the LJ or HL (whoever is closest) should punch backward to give an indication to other officials that it is a backward pass.
 - A. True
 - B. False

5. On a PAT if the offense initially sets up in a swinging gate formation but then motions back into a regular set:
 - A. The LJ needs to sprint to get under his goal post
 - B. The LJ holds on the LOS and the Umpire slides back under goal post

6. On a PAT or FG the referee mimics the good or no-good signal of the officials under the goal posts
 - A. True
 - B. False

7. In FCFOA mechanics the flank official goes with the referee to speak with respective coaches on their sideline before the game.
 - A. True
 - B. False

8. In a punt situation the BJ is responsible for forward progress of a return by the receiving team
 - A. True
 - B. False

9. If there is a possible intentional grounding:
 - A. the flank official should throw the flag if there is no eligible receiver in the area
 - B. the flank official should look to the referee and indicate there is no eligible in area if referee asks for help

10. In a "triple receivers to one side formation" the BJ has responsibility for:
 - A. The two inside receivers
 - B. The third receiver in
 - C. The two widest receivers

11. Flank officials should move downfield as soon as they sense a run to their side
 - A. True
 - B. False

12. The umpire sets in the offensive backfield opposite the referee in obvious punt situations
 - A. True
 - B. False

13. After an official throws his flag he should:
 - A. Note the number of the defender
 - B. Continue to officiate
 - C. When the play ends, give the referee a preliminary signal
 - D. All of the above

14. On scrimmage kicks and PATs with the offense in a regular formation the flank official who is looking at the back of the referee goes under the goal post on his side.
 - A. True
 - B. False

15. On a basic play from scrimmage the referee always sets up:

- A. On the right side of the QB
- B. On the passing hand side of the QB
- C. On the widest side of the field

16. On kickoffs the BJ is responsible for ruling on a pop up kick and the LJ has secondary responsibility.

- A. True
- B. False

17. If there is a play with motion the responsibilities and keys are set:

- A. When the offense sets for the required one second
- B. When the ball is snapped

18. When a penalty is to be enforced the:

- A. Referee should tell the umpire what he believes is the enforcement spot and yardage
- B. The flank officials should inform their respective coaches
- C. The BJ should inform the referee of the clock status
- D. The LJ should be at or note the basic spot
- E. All the above

19. If there is an accepted penalty inside of two minutes of either half it is the responsibility of:

- A. The referee to ask the offended coach if he wants the clock to restart if it was running prior to the penalty enforcement
- B. It is the flank official's responsibility
- C. The officials should assume the coach's decision based on the score.

20. If a flank official reads pass:

- A. They should trail their key receiver all the way downfield
- B. Read their initial key and switch to the zone coverage at an appropriate time
- C. Release about 5-10 yards and hold
- D. B and C
- E. A and B

Mechanics Test Answer Key

1. A. True
2. A. True
3. B.
4. B. False
5. B.
6. B. False
7. B. False
8. B. False
9. B.
10. A.
11. B. False
12. A. True
13. D. All of the above
14. A. True
15. A. Ref sets up on right side of QB
16. A. True
17. B
18. E. All of the above
19. B
20. D - B&C