

2018 CFOA STUDY GUIDE RULES QUESTIONS 1-75

MECHANICS QUESTIONS 76-100

KEYS

Team A or Team B is designated as **A or B**

Team A or Team B's 45 yard-lines, example: **A-45** or **B-45**

Player A or B's number is 40, example: **A40** or **B40**

Second down and 6 yards to go for A at the B 23 yard-line, example: **A, 2/6, B-23**

The Kicking or Receiving teams are designated as **K** or **R**

Team K or Team R's 45 yard-lines, example: **K-45** or **R-45**

Player K or R's number is 65, example: **K65** or **R65**

Fourth down and 12 yards to go for K at the R 45 yard-line, example: **K, 4/12, R-45**

BSB - blind side block

NZ - neutral zone

BIB - block in the back

KCI - kick catch interference

PSK - post-scrimmage kick

FBZ - free blocking zone

UC – unsportsmanlike conduct

LOS - line of scrimmage

OB - out of bounds

OPI / DPI - offensive pass interference / defensive pass interference

ES - enforcement spot

SKF - scrimmage kick formation

BBW - block or blocking below the waist

1. A, 4/30, B-40. The QB is back to pass and, as he is passing the ball but before he has released it, has his face mask grasped and twisted by a defensive player. The pass is complete to an eligible receiver who is immediately downed at the B-35. (2-32-11; 9-4-4; 9-4 Pen; 10-5-1g)
 - a. A, 1/10, B-25
 - b. A, 1/10, B-20
 - c. A, 4/15, B-25
 - d. A, 4/10, B-20
2. Kickoff. While straddling the sideline, R catches a kickoff while the ball is over the field of play. (6-1-9; 6-1-9 Pen; 6.1.9C)
 - a. It doesn't matter whether the ball is over the field of play, K has caused the kick to go out of bounds
 - b. R can request a re-kick after enforcement of a 5-yard penalty from the previous spot
 - c. R can accept a 5-yard penalty from the succeeding spot
 - d. R can put the ball in play at the inbounds spot 25 yards beyond the previous spot
 - e. R can decline the penalty and put the ball in play at the inbounds spot
 - f. All of the above
3. A, 3/8, A-15. Back to pass, the QB fumbles at the A-5. While the ball is lying on the ground, nearly at rest at the A-3, a defensive player inadvertently kicks the ball over A's backline. The most likely outcome is: (2-13-1; 8-5-1)
 - a. Touchback
 - b. Safety
 - c. A, 3/5, A-18
4. B12 enters the field to substitute for B15. B15 attempts to leave the field but hasn't gotten across his sideline when A starts the play, and the flank throws a penalty. The play results in a TD for A. After the flank reports the foul to the referee, the referee immediately signals the penalty is declined and then signals a TD. A should have been given the opportunity to accept or decline the penalty. (8-2-2)
 - a. True
 - b. False

5. K is attempting a try. The placekick holder, with his knee on the ground, cleanly catches the snap and immediately passes the ball to the would-be kicker, who then completes a pass to a receiver in B's end zone. (4-2-2a; 4.2.2A)
 - a. A scores 2 points
 - b. The ball is dead when the placekick holder passes it to A16
 - c. Illegal procedure; B can choose to replay the down

6. The QB throws a pass which is intercepted beyond the line of scrimmage. During the runback, a B player blocks an A player in the back, and an A player grabs and releases the runner's facemask. (10-2-1; 10-2-2)
 - a. Double foul; the down must be replayed
 - b. B can retain the ball if it declines A's foul

7. K, 3/9, K-10. K quick-kicks from the K-5. The kick is short and is muffed by a receiver at the K25. The ball rolls to the K-8, where a kicker kicks it off the ground. The ball caroms off a receiver's leg and goes out of bounds at the K-18. (6-2-7; 9-7-1)
 - a. K, 4/1, K-18
 - b. R, 1/10, K-18
 - c. Illegal kicking. K, 3/15, K-4
 - d. b or c
 - e. a or b

8. K, 3/9, K-10. A kicker quick-kicks from the K-5. The kick is short and muffed by a receiver at the K-25. The ball rolls into K's backfield, where a kicker falls on the ball at the K-8. (6-2-3; 5-1-3f)
 - a. R, 1/10, K-8
 - b. K, 1/10, K-8
 - c. K, 4/11, K-8

9. K, 3/9, K-10. A kicker quick-kicks from the K-5. The kick is short and muffed by a receiver at the K-25. The ball rolls into kicker's backfield. A kicker recovers it at the K-8 and runs to the K-15, where he is downed. (6-2-3; 5-1-3f)
 - a. R, 1/10, K-15
 - b. K, 1/10, K-15
 - c. K, 1/10, K-8
 - d. K, 4/4, K-15

10. The basic spot may, at the option of the offended team, be the succeeding spot for fouls by K during a free kick down (other than KCI) when K will not be the next to put the ball in play. (10-4-2 Exception)
 - a. True
 - b. False

11. As A is about to snap the ball, the umpire notices the QB's mouth piece is out. The foul is enforced as a delay of game foul. (3-5-10e)
 - a. True
 - b. False

12. A kicker kicks off from the K-40. At the K-47, a kicker muffs the grounded ball. The ball continues to the R-40, where a receiver recovers the ball and carries it to the R-43, where he fumbles. The ball is recovered by a kicker at the R-48, where he is downed. (6-1-7)
 - a. K, 1/10, R-48
 - b. R, 1/10, K-47
 - c. The covering officials throw a flag at the K-47
 - d. Re-kick from the K-35
 - e. c and d

13. A, 3/10, A-6. An offensive player holds a defender in team A's end zone. If the penalty is accepted, the result is: (8-5-2c)
- A, 3/13, A-3.
 - Safety.
14. In the middle of the third quarter, the QB throws a touchdown pass and is roughed. (8-2-2)
- The penalty may be enforced on the try or kickoff
 - Team A must decline the penalty to keep the touchdown
 - The penalty must be enforced on the try
15. Team A is out of timeouts and is attempting to kick a 45-yard field goal as the half is expiring. With the clock running and less than 2 minutes remaining in the half, the referee holds the ready to allow the line judge to get to the goalpost. The ball is snapped before the ready. (3-6-2d, 3-4-6, 3-4-7)
- A 15-yard penalty for unsportsmanlike conduct
 - A 5-yard penalty for delay; clock starts on the ready
 - A 5-yard penalty for delay; clock starts on the snap
 - No foul because the officials held up the game
 - The defense has the option to start the clock on the snap
 - b and e
16. At the ready on a kickoff, the kicking team has 5 players on either side of the kicker. After the ready, all players shift to the kicker's left and an onside kick is attempted. (6-1-4)
- Free kick infraction
 - Encroachment
 - Live ball foul
 - Dead ball foul
 - a and c
 - a and d
17. During a legal punt, a kicker commits kick catch interference which causes the potential receiver to muff the kick. A receiver recovers the kick and time for the first quarter expires during the down. (3-3-3, 6-5-6 Pen, 3.3.3G)
- The period will be extended for an untimed down under any circumstance.
 - The period will be extended for an untimed down only if team R chooses to have a yardage penalty enforced or chooses an awarded fair catch at the spot of the kicker's interference.
 - The period cannot be extended for an untimed down under any circumstance.
18. K, 4/7, K-15. K is in a scrimmage kick formation. Immediately after the snap, the nose guard runs directly into the snapper. The punter runs to the K-18 and punts. A receiver catches the kick at the K-35 and is downed at the K-30. (2-16-2h, 2-24-4, 2-24-9, 2-33, 6-2-1, 9-7-1, 9.7.1A-C, 10-1-1, 10-2-1b, 10-3-1a, 10-3-2, 10-3-3b, 10-4-2a)
- R can retain possession by declining K's foul. R, 1/10, 50-yard line
 - K can re-kick by declining R's foul. K, 4/12, K-9
 - Fouls offset. R, 1/10, K-30
 - a or b
 - Replay the down
19. A, 4/12, B-30. The QB completes a legal forward pass to a legal receiver at the B-20, where he is tackled. Just after the QB released the pass at the B-37, defensive player grabbed QB's facemask and immediately released it. (9-4-4, 9-4-3h, 9-4 Pen, 9.4.4D)
- Roughing the passer; ES B-20
 - Roughing the passer; ES B-30
 - 5-yd facemask foul; ES B-30
 - 5-yd facemask foul; ES B-37
 - 15-yd facemask personal foul; ES B-30
 - 15-yd facemask personal foul; ES B-37

20. A blindside block is any block outside the free blocking zone against an opponent who does not see the block coming. (2-3-10, 9-4-3n, 9-4 Pen)
- True
 - False
21. It is legal for a player to execute a BSB outside the FBZ with forceful contact if initiated with open hands or initiate a screening-style block which is not forceful. (2-3-10, 9-4-3n, 9-4 Pen)
- True
 - False
22. A, 4/15, A-10. The score is A 27, B 26, and A has a 4th down. There are 24 seconds remaining in the fourth quarter and the clock is running. The back judge raises his hand. An offensive lineman false-starts with 20 seconds remaining. After the penalty is imposed, the referee marks the ball ready for play and starts the clock. Time in the fourth quarter runs out before the offense puts the ball in play. (3-4-7)
- Correct; the game is over
 - Incorrect. The referee should have asked the B team if he wanted the game clock to start on the snap. If the B captain so chooses, it is A, 4/20, A-5, 20 seconds remaining; and the game clock starts on the snap
23. A “pop-up” free kick is illegal and enforced as a live ball foul. (2-24-10, 6-1-11, 6-1-3, 6-1 Pen)
- True
 - False
24. It is forward pass interference if any player hinders an opponent’s vision without making an attempt to catch, intercept or bat the ball, even though no contact was made. (7-5-10)
- True
 - False
25. A player who initiates contact against a defenseless player is responsible for making legal contact. When in question, a player is defenseless. Examples of a defenseless player include: (2-32-16)
- A receiver attempting to catch a pass who has not had time to clearly become a runner
 - The intended receiver of a pass in the action during and immediately following an interception or potential interception
 - A kick returner attempting to catch a kick who has not had time to clearly become a runner
 - A player obviously out of the play or not in the immediate vicinity of the runner
 - A player who receives a blindside block with forcible contact not initiated with open hands.
 - All the above
26. On 3rd down, The QB drops back to attempt a pass. As his arm is moving forward, he is hit; and the ball pops backward into the air. A defensive player tries to catch the ball and muffs it, and A56 catches the ball behind the line of scrimmage and is tackled immediately. (2-31-2 Note, 7-5-6b, 7-5-13)
- 5-yd penalty for illegal touching by A, ES previous spot
 - 5-yd penalty for illegal touching by A, ES spot foul
 - 4th down for A at the previous spot
 - 4th down for A where A56 was tackled
27. During the Pregame Conference with the Referee and Umpire, the home head coach verified all his players are legally equipped. During a down, a home team player wears an illegal jersey which ends just below the numbers, exposing his midriff above his pants. (1-5-1b (1); 1.5.1B; 1-5-4; 1-5-6; 3-6-2d; 9-8-1h; 9.8.1H-J; 9-9)
- Foul on the home head coach for unsportsmanlike conduct for failing to have his player wear or use required equipment
 - Foul on the player for failing to properly wear required equipment during a down
 - The player must leave the game until he is legally equipped
 - b and c
 - a and c

28. During an attempted pass play, the QB is tackled behind the line of scrimmage. During the play, an eligible receiver is held beyond the line of scrimmage by a defensive player. The ES is the: (10-3-2; 10-4-4)
- Dead ball spot
 - Previous spot
 - Spot of the foul
29. On a run around the right end, a linebacker dives to tackle the runner. The runner jumps feet-first over the airborne linebacker and continues running downfield. The runner has committed a hurdling foul. (2-22)
- True
 - False
30. A, 2/5, A-35. An eligible receiver goes out of bounds at the A-45 to avoid contacting an official. He immediately returns inbounds at the A-48 and catches a legal forward pass at the B-45, where he is downed. (9-6-1, Penalty; 9.6.1A)
- Legal play
 - Illegal participation; 15 yds; ES A-35
 - Illegal participation; 5 yds; ES A-35
 - Illegal participation; 5 yds; ES A-45
 - Illegal participation; 15 yds; ES A-48
31. Time for the first half expires as the runner advances to the B-33, where he is tackled. After the runner gets up but before the Referee holds the ball in one hand over his head, a defensive player punches the runner. The offensive team accepts the penalty. (3-3-6; 9-4-3j Penalty)
- A, 1/10, B-18; the period is extended for one untimed down; B45 is disqualified
 - A, 1/10, B-18; the period is extended for one untimed down
 - The period is over; enforce the penalty on the second-half kickoff; B45 is disqualified
 - The period is over; enforce the penalty on the second-half kickoff
 - The period is over; the penalty cannot be enforced
32. As time for the first period expires, an offensive player holds in his end zone. The defense accepts the penalty and scores a safety. The period is extended by an untimed down, and the offensive team kicks off from its 10-yard line as part of the first quarter. (3-3-4b, 8-5-2c)
- True
 - False
33. The following is true regarding authorize team conferences: (2-6-2; 9-8-1f; 9.8.1A)
- In an "Outside 9-Yard Mark Conference," one or more team members and one or more coaches may confer directly in front of the team box within 9 yards of the sideline
 - In a "Between 9-Yard Mark Conference," one coach may be on the field to confer with no more than 11 players at his team's huddle between the hash marks
 - An "Outside 9-Yard Mark Conference," may be held at the 15-yard line
 - All the above
 - a and b only
34. An onside kick off is attempted from the K-40, and the kick travels to the K-46, where a kicker recovers it. During the kick, no receiver blocks, and a kicker blocks a receiver at the R-49. (9-3-8; 10-4-2 Exception)
- R, 1/10, K-46
 - Re-kick from the K-30
 - R, 1/10, K-36
 - Any of the above

35. A, 3/5, A-27. An eligible receiver catches a legal forward pass at the A-37 and runs to the A-45, where he is tackled. During the run, an offensive player holds a defensive player at the A-40. ES is: (10-3-2; 10-4-4; 10-6)
- A-27
 - A-45
 - A-40
36. A, 3/5, A-27. An eligible receiver catches a legal forward pass at the A-37 and runs to the A-45, where he is tackled. During the pass, an offensive player holds a defensive player at the A-20. ES is: (10-3-1b; 10-6)
- A-27
 - A-45
 - A-20
37. A, 3/2, A-16. A legal forward pass is intercepted at the A-45; the intercepting player runs to the A-20, where he is tackled. During the run, a defensive player blocks an offensive player below the waist at the A-30. ES is: (10-3-2; 10-4-4; 10-6)
- N/A. Replay the down
 - A-16
 - A-30
 - A-20
38. A defensive player intercepts a pass and runs it in for a TD. At the A-5, he turns back to an offensive player and holds the ball out toward an offensive player who is pursuing the interceptor. Still holding the ball out to the offensive player, the interceptor crosses the goal line. (9-5-1a; 8-2-4)
- Live-ball unsportsmanlike conduct foul. Nullify the score and penalize B from the A-5
 - Live ball unsportsmanlike conduct foul. Touchdown for B. Enforce the foul on the try
 - Live ball unsportsmanlike conduct foul. Touchdown for B. Enforce the foul on the kickoff
 - Dead ball unsportsmanlike conduct foul
 - Either b or c
39. Between downs, an official sees an A player is not wearing hip pads. (1-5-1d (1); 9-9; 9-8-1h)
- The official calls an official's timeout, and the offending player is required to leave the game for at least one down until he is legally equipped
 - 15-yard unsportsmanlike foul charged to the A head coach if during the pre-game conference, the head coach has verified all his players are legally equipped. The player must leave the field until he is legally equipped.
 - 5-yard non-contact foul charged to the player
40. During a scrimmage kick, a receiver is running toward his own goal and catches a scrimmage kick over his shoulder at the R-2. He runs into his end zone, where he fumbles the ball; the ball rolls over the side line out of the end zone. (8-5-2a, Exception; 8.5.2A)
- Touchdown for K
 - Safety for K
 - Touchback for R
 - R, 1/10, R-2
41. K, 4/7, K-29. A scrimmage kick is touched by a kicker at the K-40. A receiver picks up the loose ball at the K-45 and returns it to the K-33, where he is downed. During the runback, a receiver blocks a kicker in the back at the K-43. ES is: (6-2-5; 10-4-4; 10-2-4b; 10-6)
- K-40
 - K-43
 - K-45
 - K-29

42. Blocking below the waist is permitted in the free-blocking zone if all players involved in the blocking are on the line of scrimmage, in the zone at the snap, the contact is in the zone, and the ball has not left the zone. (2-17-2; 2-17-4; 2.17.2B)
- True
 - False
43. Clipping in the free-blocking zone is a foul. (2-17; 9-3-6)
- True
 - False
44. Legal blocking in the back in the free-blocking zone requires only that all players be in the zone at the snap and that the ball be in the zone when the block is made. (2-17-4)
- True
 - False
45. The free-blocking zone is a rectangular area extending laterally 4 yards either side of the middle of the offensive line and 3 yards behind each line of scrimmage. (2-17-1)
- True
 - False
46. A player or other person is out of bounds when any part of the person is touching anything that is on or outside the sideline or end line. (2-29-1)
- True
 - False
47. A loose ball is out of bounds when it touches anything, including a player or game official that is out of bounds. (2-29-3)
- True
 - False
48. A backward pass is a pass thrown with its initial direction toward the runner's end line. (2-31-6)
- True
 - False
49. A loose-ball play includes action during a backward pass (including the snap), an illegal kick or fumble made by A from in or behind the neutral zone prior to a change of team possession and includes the run or runs which precedes such backward pass, illegal kick or fumble. (2-33-1-c and d)
- True
 - False
50. Failure of a team to be on the field for the mandatory warm-up time at the end of the halftime intermission is an unsportsmanlike conduct foul charged to the head coach. (Table 3-1; 9-8-1g3; 3.1.1D)
- True
 - False

51. Early in the third quarter, the A head coach requests and is granted a time-out for a coach-referee discussion reviewing a decision which may have resulted from misapplication or misinterpretation of a rule. If the conference results in the referee's ruling prevailing, and the team was out of time-outs, a delay-of-game foul is charged to the team. (3-5-11; 3-6-2c)
- True
 - False
52. A player, directed to leave the game because his helmet came completely off during a down without being attributable to a foul by an opponent, may return immediately if, immediately after the infraction, the intermission between any two periods occurs. (3-5-10d; 3.5.10E)
- True
 - False
53. During the same dead-ball interval, no substitute may become a player and then withdraw, and no player shall withdraw and re-enter as a substitute unless a live- or dead-ball foul occurs, there is a charged time-out or the period ends. (3-7-3)
- True
 - False
54. A, 3/Goal, B-3. At the B-6, the QB pitches the ball forward toward an offensive player. A defensive player catches the ball at the B-2 and carries it into B's end zone, where he is downed. (8-5-2a, Exception)
- Touchdown for A
 - Safety for A
 - Touchback for B
 - B, 1/10, B-2
55. A, 3/5, A-30. The runner is tackled at the A-36. During the tackle, he fumbles. While the ball is loose, an official blows his whistle. The ball is subsequently recovered by an offensive player at the A-43. Succeeding spot is: (4-2-3b)
- A-30
 - A-36
 - A-43
 - a or b
 - a or c
56. K, Free kick, K-40. In an onside kick attempt, kicker kicks the ball directly into the ground. The ball immediately rebounds into the air. A receiver is in a position to grab the ball at the R-47, but a kicker steps in front of the receiver and recovers the ball. (6-1-6; 2-1-3, 2-4-1, 2-36-1)
- Fair catch interference
 - Legal play. K, 1/10, R-47
 - Neither a nor b
57. K, 4/15, K-20. A scrimmage kick is blocked. A kicker catches the kick at the K-11 and runs to the K-38, where he is downed. (6-2-3)
- K, 1/10, K-38
 - R, 1/10, K-11
58. A receiver shall not give an invalid fair-catch signal, and a runner shall not give an illegal fair-catch signal. (2-9-4; 2-9-5; 6-5-7; 6-5-8)
- True
 - False

59. An offensive back makes a quick forward step just prior to the snap. (7-1-7a)
- Dead ball false start
 - Live ball illegal motion
 - Legal
60. Fourth down. The punter is in position 7 yards behind the line of scrimmage, in position to receive the long snap. On the line of scrimmage are three K players numbered 50-79 and four K players numbered 80-99. Legal formation. (7-2-5b, Exception 1; 2-14-2b)
- True
 - False
61. Third down. The place-kick holder K4 is in position 6 yards behind the line of scrimmage, in position to be the holder for a field goal attempt and receive the long snap. The kicker is 10 yards behind the LOS and in position to attempt a kick. Four K players numbered 50-79 are on the line of scrimmage with snapper K36, and K87 and K88 are the tight ends. Legal formation. (7-2-5, Exception 1; 2-14-2a)
- True
 - False
62. From behind the line of scrimmage, the QB throws a forward pass which is caught by A57 beyond the line of scrimmage. An eligible receiver is in the vicinity of A57. This is one of the five types of illegal forward passes. (7-5-2; 7-5-13)
- True
 - False
63. An offensive lineman contacts a defensive player at the line of scrimmage and drives him back 4 yards beyond the line of scrimmage, when the QB throws a legal forward pass to an eligible receiver beyond the line of scrimmage. No foul for ineligible A player downfield or for offensive pass interference because the offensive lineman had continuous contact. (7-5-12; 7-5-10)
- True
 - False
64. Pass interference restrictions on a legal forward pass begin for: (7-5-8)
- A at the snap
 - B when the ball leaves the passer's hand
 - a and b
65. Pass interference restrictions on a legal forward pass end for: (7-5-8)
- All eligible A players and all B players when the pass has been touched by any player
 - All ineligible A players when B touches the pass
 - All ineligible A players when A touches the pass
 - a and b
 - a and c
66. The free-blocking zone disintegrates and the exception for a player to block below the waist and/or the exception for an offensive lineman to block in the back does not continue after the ball has left the zone. (2-17-4)
- True
 - False

67. Other than kick catch interference, fouls by the kicker during a scrimmage kick may be enforced from the succeeding spot if the kicker will not be the next to put the ball in play. (10-4-2 Exception)
- True
 - False
68. The QB's forward pass is intercepted by a defensive player and run back for a touchdown. During the runback, an offensive player uses his shoulder to blindside a defender. (8-2-3; 9-4-3b; 9-4, Pen)
- To accept the result of the play, B must decline the penalty
 - Team B can accept the result of the play and have the penalty enforced on the try or the subsequent kickoff
 - The offensive blocker who fouled shall be disqualified if the foul is deemed to be flagrant
 - a and c
 - b and c
69. Failure to properly wear legal or require equipment when the ball is about to become alive is delay of game. (3-5-10e)
- True
 - False
70. The QB comes to the line and goes under center. The umpire notices the QB's chin strap is not attached properly. (3-5-10e; 3-5-2b; 3-5-5b; 3-5-7e; 3-5-10d)
- An official's timeout will be declared and the QB will be replace for one down.
 - The umpire blows his whistle, stops the clock if running and instructs the QB to attach his chin strap properly.
 - If the chin strap is defective and cannot be repaired without delaying the ready-for-play signal for more than 25 seconds, the QB must leave the game for at least one down, unless halftime of an overtime intermission occurs.
 - All the above
71. During a legal scrimmage kick, a kicker commits a blind side block on a receiver beyond the expanded neutral zone. A receiver makes a valid fair catch. In order to retain the ball, the receiver must decline kicker's foul. (10-4-2 Exception)
- True
 - False
72. In a shotgun formation, an offensive lineman is in a 3-point stance. Immediately after the snap, without rising, the lineman blocks a defensive lineman below the waist between his body's frame. (2.17.2E)
- Illegal block because the ball has left the free-blocking zone, and the zone has disintegrated
 - Legal block
73. The signal for free kick infractions, other than encroachment of the neutral zone, is signal 19. (6-1-3b, 6-1-4)
- True
 - False
74. Defenseless player provisions do not apply to a passer until a legal forward pass is thrown. The passer continues to be a defenseless player until the pass ends or he moves to participate in the play. (2-32-16a)
- True
 - False

75. Late in the season, during the pregame conference with the Referee and Umpire, the home head coach verified all his players are legally equipped. During the first offensive play by the home team, the referee observes the QB is not wearing knee pads and is wearing pants which do not cover his knees. (1-5-1-d2; 1-5-1e; 9-8-1h; 9-9)
- The QB has likely played without knee pads and complying pants the entire season, and it's not practical to make him comply now
 - The referee has the QB leave the game until he is properly equipped
 - The referee assesses the home head coach an unsportsmanlike foul for the QB's failure to wear required equipment
 - The referee assesses the QB a 5-yd penalty for failure to properly wear required equipment during a down.
 - b and c

NOTE: Unless otherwise indicated, all **Mechanics** questions apply regardless of the number of officials on the crew. Unless otherwise noted, references for **Mechanics** questions are to the **NFHS 2018 and 2019 Football Game Officials Manual**.

76. After the umpire spots the ball for a scrimmage down, he remains over the ball until the referee gives the ready for play signal or he is released by the referee. (pp 18, 36, 62)
- True
 - False
77. "Cross-field mechanics" refers to a mechanic in which a wing official looks across the field to the opposite wing official for forward progress or mirrors the opposite wing official's progress.
- True
 - False
78. A17's legal forward pass over the middle is trapped by A87. The umpire has a clear view of the play. (pp 41,66)
- The umpire should not make the call; that is the flank's call
 - The umpire should use an unobtrusive signal to let the flank know what the umpire saw, and the flank then signals incomplete pass
 - If the umpire clearly sees the trap, he must not hesitate to signal incomplete pass
79. Team A is in the huddle when the umpire notices Team B's ball has been spotted for use on the play. The umpire should:
- Do nothing; Team B's ball must be used until the series ends or a change of possession occurs
 - Do nothing; Team B's ball must be used for that down
 - Have the flank on Team A's sideline obtain a Team A ball that can be used
80. Any official who marks the forward progress spot should always be sure no measurement for a first down is necessary before the ball is moved.
- True
 - False
81. Official tries to throw their flag at the spot of a foul, but the flag falls several feet short. After the ball is dead and before reporting the foul to the referee, the official should:
- Leave the flag where it is
 - Pick up the flag and move it to the proper spot
 - As unobtrusively as possible, use a foot to move it to the proper spot
82. In the pregame conference, the referee will instruct coaches they may not come out onto the field in the direction of the line of scrimmage to be recognized while calling timeout.
- True
 - False

83. Use of the dead ball signal (one hand raised above the head) at the end of the down is not authorized. (pp 23, 82-83)
- True
 - False
84. In 5 and 7-person mechanics, regardless of the formation, the Referee and Umpire key on the opposite-side offensive tackles during a pass play. If the quarterback is right handed, the Referee keys on the left tackle and the Umpire keys on the right tackle, guards and center.
- True
 - False
85. The ball may be placed on a yard line to begin the next possession:
- Only for the new series which follows a scrimmage kick
 - Only for the new series which follows a kickoff
 - Unless the change of possession occurs on a fourth down passing play
86. In 4-person mechanics, in a punt formation, the line judge is 5-7 yards wider than and in front of the deepest receiver, in position to cover the sideline as well as the kick. (p 69)
- True
 - False
87. In 4-person mechanics, in enforcing penalties: the umpire marches off the penalty; the linesman proceeds to the succeeding spot; the line judge holds the enforcement spot; and all officials determine if the umpire assesses the penalty properly in all respects. (pp 73-74)
- True
 - False
88. In 5-person mechanics, in a punt formation when the ball is snapped from outside the 40-yard line, the back judge is 7-10 yards wider than and 2-3 yards in front of the deepest receiver, on the linesman's side of the field. (p 45)
- True
 - False
89. In 5-person mechanics, on sweeps toward his sideline, the flank should:
- Step back towards the offensive backfield, allow the player to pass him and then follow the play down the sideline
 - Hold the line of scrimmage, allow the play to pass him and then follow the play down the sideline
 - Release at the snap and go 5 yards downfield, allow the play to pass him and then follow the play down the sideline
90. In 5-person mechanics, when an offensive player goes in motion, the flank the motion man goes away from has primary responsibility for the player until the snap. The opposite flank assists if an obvious foul occurs. (p 37)
- True
 - False
91. In 5-person mechanics on a scrimmage play, flanks do not release downfield until the runner crosses the line of scrimmage or until receivers on the flank's side of the field have gone at least 10-12 yards downfield. (pp 37, 41)
- True
 - False

92. In 5-person mechanics, on a scrimmage kick, the line judge releases from the line of scrimmage on a good snap, and the linesman releases from the line of scrimmage after the ball has crossed the neutral zone and then moves slowly downfield covering his side between the neutral zone and the deep receivers. (p 44)
- a. True
 - b. False
93. In 7-person mechanics, in measuring for a first down, the referee, umpire, linesman, line judge and back judge use the same mechanics as for 5-person measurements; the side judge and field judge ensure players and officials do not block a view of the ball from the press box.
- a. True
 - b. False
94. In 7-person mechanics, the linesman has responsibility to notify the visiting coach 5 minutes prior to kickoff and bring the visiting team onto the field, and the line judge has a similar responsibility for the home team. The field judge has responsibility to have the home captains at the sideline 5 minutes before kickoff, and the side judge has responsibility to have the visiting captains at their sideline 5 minutes before kickoff.
- a. True
 - b. False
95. In 7-person mechanics, for the coin toss the linesman and line judge stay on their respective sidelines with a game ball, and the side judge and field judge escort their respective captains to the numbers and then send the captains on to the middle of the field.
- a. True
 - b. False
96. In 7-person mechanics, for an anticipated short free kick, the line judge moves up to R's restraining line, the field judge moves up to K's restraining line, and the back judge moves onto the field with the kicker.
- a. True
 - b. False
97. In 7-person mechanics, the back judge handles all timing duties as in 5-person mechanics
- a. True
 - b. False
98. A touchdown signal is given only by an official who actually rules on the play. Never mirror a touchdown signal if you do not see the action.
- a. True
 - b. False
99. On running play between the tackle that results in the ball ending in a pile near the goal line, the umpire may not point to the ball to assist the crashing wings in determining if result is a touchdown.
- a. True
 - b. False
100. In 5-person mechanics, in a scrimmage kick formation, at the snap the umpire may be positioned in the offensive back field mirroring the referee opposite the referee.
- a. True
 - b. False